



WENDY LEVINE, LPC, MHSP

CLIENTS INCLUDE:



Teens



Young Adults



Professionals



Families



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2200 21ST AVENUE SOUTH, #306, NASHVILLE, TN 37212
EMAIL: DAN@NASHVILLEPSYCH.COM • PHONE: 615.582.2882



of years in the field of counseling



Master's in Clinical & Counseling Psychology, William Paterson University



of nat'l board certifications & # of states where she is licensed to practice (TN & NJ)



FREQUENTLY USED APPROACHES

Therapy is tailored to clients' unique needs but often includes: Psychodynamic Therapy, Relational Therapy, Cognitive Behavioral Therapy, Acceptance & Commitment Therapy and Mindfulness



PHILOSOPHY

A strong therapeutic relationship with clients is critical to achieving a positive clinical outcome

SPECIAL INTERESTS



Perfectionism & relationship challenges in young adults



Career stressors



Anxiety & depressive disorders



LGBTQIA community (PFLAG award recipient)



OLESYA LESKEL, LPC, MHSP

CLIENTS INCLUDE:



Children & Teens



Adults



Couples



Families



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of years
in Counseling
& Education



BACKGROUND

Previously worked at Vanderbilt University Counseling Center. Master's degree in Counseling Psychology, Lesley University, Cambridge, MA



of languages
spoken:
English
and Russian



FREQUENTLY USED APPROACHES

EMDR, Play Therapy, Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Acceptance & Commitment Therapy, Family Systems Therapy and Art Therapy



FUN FACT

Prior to becoming a therapist, she worked in special & montessori education

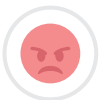
SPECIAL INTERESTS



Depression
&
grief



Trauma,
stress &
anxiety



Anger
&
frustration



ADHD &
learning
issues



Changes
in family
systems



DANIEL GOLDSTEIN, PHD

SERVICES:



Individual Therapy
w/ Teens & Adults



Couples
Therapy



Psychoeducational
Assessments



Clinical
Supervision



Group Therapy



Career Counseling



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The year Dan founded Nashville Psych



BACKGROUND

Ph.D, Counseling Psychology, University of Georgia. Completed Postdoctoral Training at Vanderbilt



Number of careers. He left Real Estate to pursue his dream of becoming a Psychologist.



FREQUENTLY USED APPROACHES

Interpersonal, EMDR, Psychodynamic, Humanistic, Existential, Experiential, Family Systems, Cognitive Behavioral



FUN FACT

Dan's Dissertation Topic: Mothers-In-Law, Boundaries & Marital Satisfaction

SPECIAL INTERESTS



Men's Issues



Avoidance



Couples with a Narcissistic or Borderline Partner



Shame



NASHVILLE PSYCH

PSYCHOEDUCATIONAL ASSESSMENTS



Cognitive
Functioning



Academic
Achievement



Personality
Functioning

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WHAT WE DIAGNOSE

- Neurodevelopmental disorders, such as ADHD & Autism Spectrum Disorder
- Trauma & stressor-related disorders
- Personality disorders
- Depressive & anxiety disorders
- Bipolar & other related disorders



The minimum age
for assessments



The average wait
for an appointment

WHY PEOPLE GET EVALUATED



Employment



Academic
Accommodations



To understand
strengths &
weaknesses



To determine
the best
treatment